



## Feminine Hygiene

### Waterproof Bag Instructions

Please do NOT use fabric with the following designs:  
Camouflage, handprints, footprints, or paw prints.

Patterns for Pads and the three bags for kit can be found at

[www.midwestmission.org/kits-projects-patterns/midwest-mission-kits](http://www.midwestmission.org/kits-projects-patterns/midwest-mission-kits)



**Waterproof Bag:** Reminder: no pins, use clips.

- One layer of PUL , 12" long and 8" wide
- One zipper that tape is at least 8" long.
- 1 - 9" handle, (cut PUL or cotton, 9" x 2", fold to ½" wide and top stitch.)

**Sewing Instructions:**

All seams: ½" seam allowance

From right side of fabric, with zipper closed and zipper pull on left edge, turn down each edge of fabric ½" and top stitch zipper to both ends of fabric. Turn bag with right sides together.

With wrong side of fabric and wrong side of zipper facing you, make a fold about ½" above zipper. Fold handle in half, sliding folded edge inside right edge, at top of bag, and aligning all cut edges even. Stitch seam, back stitching at starting point, over zipper coil and zipper stopping point. Open zipper halfway, and stitch other side.

To add reinforcement where the zipper coil meets the seam, cut (2) 1" by 2" scraps (may be PUL, bias tape, etc) and fold in half lengthwise. Place the fold over the raw edges of the seam, covering the zipper, and both sides of fabric. Stitch, following the seam line, turn, and stitch a second time. This protects the seam from wear.

Turn bag right side out.