

# BOY'S TOP & SHORTS INSTRUCTIONS

Use **new** lightweight cotton or cotton blend.

**Do not** use fabric with the following designs: camouflage, hand prints, foot prints, or paw prints.

Please make a **complete** outfit using coordinating fabrics for top and shorts.

## TOP INSTRUCTIONS

Materials Needed:

- 5/8 to 3/4 yard cotton knit fabric
- 1+1/2" bias or twill tape (for size label)

Seam size 5/8"

1. Stitch front to back at shoulder seams
2. Press under 3/8" hem allowance on neck and armhole edges. Zigzag stitch close to inner edges of hems. Stitch front to back at side seams.
3. Press up 1+1/2" hem on lower edge of top. Stitch 1/4" from raw edge of hem. Zigzag hem close to inner edges of hem.
4. Sew a 1+1/2" strip of bias or twill tape inside back neckline. Sew it on all 4 sides of tape. Write size on tape with permanent marker.

## SHORTS INSTRUCTIONS

Materials Needed:

- 1 to 1+5/8 yards cotton or cotton blend fabric
- 3/4" wide elastic

Seam size 5/8"

All cut edges should be pinked, serged, or double stitched, using straight stitch for seams and zigzag for edge.

1. Sew center front seams together. Sew center back seams together. To reinforce seams, stitch again over first stitching. Trim seam in curved area to 1/4". Zigzag or serge seam, if not pinked.
2. Stitch front to back at inner leg seams.
3. Stitch shorts front to back at side seams.
4. **OPTIONAL:** to keep elastic from getting stuck in the seam allowances as it's inserted, use fusible web or machine-basting to anchor seam allowances to garment within the casing area. Be sure to remove basting after casing is finished.

5. Press under 1/2" on raw edge. Press an additional 1" on upper edge of shorts to inside, forming casing.

Stitch close to lower edge of casing, leaving an opening to insert elastic.

6. Cut a piece of elastic.

Size 2 - 17+1/2 inches

Size 5 - 19 inches

Size 3 - 18 inches

Size 7 - 20 inches

Size 4 - 18 inches

Size 9 - 21 inches

Insert elastic through opening in casing. Overlap ends 1 inch and stitch together securely. Stitch opening closed.

Distribute fullness evenly. Remove basting.

7. Mark depth of hem (1+1/2"); trim evenly. Press under 1/4" on raw edge. Stitch close to inner pressed edge.

8. Sew a 1+1/2" strip of twill or bias tape inside back waistline. Write size on tape with permanent marker.



For questions regarding these directions, call 217-483-7911 or email [office@midwestmission.org](mailto:office@midwestmission.org) | [www.midwestmission.org](http://www.midwestmission.org)