

**Feminine Hygiene Kit**

**DAY PAD**

**Padding**

(See instruction page  
for cutting instructions)

**2 ½" Wide**  
**7 ¾" Long**

**Cut ends straight for  
easier alignment**

**Feminine Hygiene Kit**

**NIGHT PAD**

**Padding**

(See instruction page  
for cutting instructions)

**3" Wide**  
**9" Long**

**Cut ends straight for  
easier alignment**