

# **Girl's Outfit Instructions**

Sizes 3, 4, and 6. Use **new** lightweight cotton or cotton blend.

**Do not** use fabric camouflage.

Please make complete outfits using coordinating fabrics for the top and shorts.

#### **Materials Needed**

lightweight cotton or cotton blend

SIZE	TOP	SHORTS
3	3/4 yard	3/8 yard
4	3/4 yard	1/2 yard
6	7/8 yard	1/2 yard

- ¾" wide elastic
- 2 pieces of  $1\frac{1}{2}$  long white or light colored twill or bias tape for size tags
- bias tape may be used to finish the neck and arm opening and used for ties

## Seam size 5/8"

Finish all raw edges and seams with a zigzag stitch, serging, pinking, or a second row of stitching.

## **Cutting**

Cut two of pattern back on selvage, if possible. Cut one front pattern on fold. Cut bias tape long enough to go around the neck plus 10" on both ends. Cut 2 bias tapes to go around the arm openings. Cut 2 of short pattern. Size 1 and 2 do **not** have shorts.

## **Sewing**

## GOWN/TOP

- 1. Sew center back together to within 5" of neck edge. Press seam open and top stitch both sides of opening above seam.
- 2. Sew back to front at shoulder seams. Finish raw edges.
- 3. Bind neck edge with bias tape leaving 10" on each side for ties.
- 4. Bind arm openings with bias tape.
- 5. If serging, clip curves, and serge around edge of arm holes and neckline. Then turn under  $\frac{1}{4}$ " and top stitch.
- 6. Sew side seams. Finish raw edges.
- 7. Sew all four sides of a  $1\frac{1}{2}$ " piece of twill or bias tape to INSIDE back of gown. Write size on tape with permanent marker.
- 8. Finish gown with narrow hem by turning edge up 1/4" twice. Top stitch.

## **SHORTS**

- 1. With right sides together, sew side seams and crotch seam. Finish raw edges.
- 2. Make a casing for elastic by folding top of shorts down  $\frac{1}{2}$ ", then 1". Press. Top stitch around shorts leaving a small opening at back.
- 3. Cut elastic length: Size 3: 18" Size 4: 19" Size 6: 20"
- 4. Run elastic through casing. Overlap 1/2" and sew elastic together. Close the small opening by top stitching.
- 5. OPTIONAL: To keep elastic from getting stuck in the seam allowances as it's inserted, use fusible web or machine-basting to anchor seam allowances to garment within the casing area. Be sure to remove basting after casing is finished.
- 6. Finish legs of shorts with narrow hem. (see 8 above)
- 7. Sew all four sides of a  $1\frac{1}{2}$ " piece of twill tape or bias tape to INSIDE back of shorts. Write the size on tape with permanent marker.

