



# Layette Gown

## Step-By-Step Instructions

**Please use NEW Cotton, Cotton Knit, or Flannel Fabric**

**Please do NOT use fabric with camouflage.**

*Note: All raw edges of fabric must be finished by using pinking shears, zigzag stitching, or enclosing with a double fold with top stitching. Using a serger is also acceptable to finish raw edges.*

1. Pin pattern pieces to fabric ensuring the fold of the fabric is aligned with the back of the gown and observing grain lines. If fabric is directional, be sure to align pattern pieces appropriately. Cut out pattern pieces.

### FRONT SLEEVES

2. Place one sleeve piece right sides together to the gown front, matching the single notch and pin in place.
3. Using a 5/8" seam allowance, sew the sleeve to the front of the gown. Reinforce the seam by sewing it a second time.
4. Use pinking shears or a zigzag stitch on raw edges of fabric to prevent raveling. Press the seam open. Repeat with second sleeve.

### BACK SLEEVES

5. Attach back of gown to each sleeve aligning the notches, sewing twice for reinforcement, finishing with a zigzag or pinking shears, and pressing seams open.

### PREPARE GOWN FRONT

6. On each gown front piece, fold back the front center edge of fabric 5/8" and press.
7. Finish the raw edges of these pieces with pinking shears or a zigzag stitch. (Fig. A)



Fig. A

### NECKLINE

8. Mark the center of the double fold bias tape. Pin the center of the right side of the bias tape to the center of the wrong side of the back neckline. Pin the remaining bias tape around the neckline. You will have approximately 10" ties left on each end. (Fig. B)



Fig. B

- With bias tape facing up and the fabric's right side down, sew along the fold line, ensuring the fabric stays smooth without tucks. Reinforce the seam at the beginning and end of the neck line by backstitching. (Fig. C)
- Using the bias tape fold lines, encase the neckline raw edges by folding the bias tape toward the right side of the fabric. Pin and iron the bias tape to the right side of the fabric, stretching the bias tape slightly, if needed.
- Using a straight stitch or zigzag, sew close to the open edge of the bias tape, starting at one end of the tie and ending with the other end. Back stitch at the beginning and end of each tie. (The bias tape ends do not need to be finished as it will not fray.)



Fig.C

## GOWN FRONT

- Make a mark 4" down from top neckline on each of the front pieces.
- Place front pieces right sides together and pin. Using the fold as your stitching guide, sew the pieces together starting at the bottom sewing up to the 4" mark, backstitching at the top and bottom. This will leave a 4" opening at the top of the gown. (Fig. D)
- Press seam open. Topstitch on both sides of the seam, securing the seam allowance, backstitching at the start and end of each seam.
- Starting close to the bias tape on one side of the neck opening, reinforce the opening by stitching down one side, across the bottom of the opening, and back up the other side. (This forms a U shape.) Backstitch at the beginning and end and across the bottom of the opening. (Fig. E)



Fig.D



Fig.E

## SLEEVE HEM

- Turn the edge of each sleeve under  $\frac{1}{4}$ " twice to create a hem. Iron, pin, then zigzag or straight stitch to finish the sleeve hems.



## SIDE SEAMS

- Place the gown front and gown back pieces together matching the sleeve and side seams. Pin and sew a  $\frac{5}{8}$ " seam. Reinforce the seam under the arm by sewing twice. Zigzag or pink the seams to prevent raveling. Iron seams open.

## BOTTOM HEM

- For the bottom hem, press under  $\frac{1}{4}$ " twice, iron, pin, and stitch using a straight seam or zigzag leaving the side seams open.

For the pattern or questions regarding these directions, call 217-483-7991 or email [office@midwestmission.org](mailto:office@midwestmission.org).